

FOR IMMEDIATE RELEASE

For more information, contact: XXXXXXXXXXXXXXXXX

Frances Beck Honored for Volunteer Work at Bethel Manor

Frances Beck has received a District Volunteer of the Year award from the state's largest organization of older adult services professionals for her service to Bethel Manor of Alexandria. Minnesota Health and Housing Alliance (MHHA) announced the award at their annual Institute for Older Adult Services held in Minneapolis Feb. 6-8. More than 3,000 people attended the event under the theme "Building Blocks: Creating the Future of Aging Services." It focused on workforce issues, transforming aging services to meet the needs of a growing population of older Minnesotans and building public trust.

Beck's award was from among nominations in MHHA District C, covering 11 counties in west central Minnesota. She was praised as a person motivated with a positive outlook and one who takes initiative to help others in many ways.

At age 87 and a resident of Bethel Manor Apartments, Beck amazes those who know her for her can-do attitude.

"Her volunteer duties begin at approximately 7 a.m., when she is ready and waiting to update staff with questions or concerns that may have arisen the night before," explains one staff member. Another praised her baking skills and willingness to share the goodies with neighbors and staff. Still another talked about how she does the setup for birthday parties and other events and even volunteers to launder the towels from the Bethel Manor beauty shop.

Campus Housing Director Patti Carey adds: "Frances is a small lady with the largest, most giving, caring heart in the world. Her kind ways, along with her caring personality, help people of our community feel safe and at ease."

Volunteer of the Year is a coveted award from MHHA. The association also honors caregivers, organizational trustees, professional leaders, innovative practices, community service and mission-driven work at its annual Institute. To learn more about MHHA and to obtain consumer information about older adult services, go to www.mhha.com.

###