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### **Bruce Nystrom Honored for Volunteer Work at Annandale Care Center**

Bruce Nystrom has received a District Volunteer of the Year award from the state's largest organization of older adult services professionals for his service to Annandale Care Center. Minnesota Health and Housing Alliance (MHHA) announced the award at their annual Institute for Older Adult Services held in Minneapolis Feb. 6-8. More than 3,000 people attended the event under the theme "Building Blocks: Creating the Future of Aging Services." It focused on workforce issues, transforming aging services to meet the needs of a growing population of older Minnesotans and building public trust.

Nystrom's award was from among nominations in MHHA District D, covering 17 counties in central Minnesota. A former bank officer, Nystrom was looking for a way to give time to his community when he retired. Over the past five years, he has made an outstanding commitment to Annandale Care Center, even performing his volunteer duties on holidays. One of his gifts is to assure that each resident gets fresh water each morning. Of his willingness to come to the care center on Easter, Christmas and Thanksgiving just as he does other days, Nystrom commented: "Residents need water on holidays, too!"

More than just water, Nystrom's rounds bring cheer. One resident wrote: "I always appreciate his kindness and concern. He asks how I am feeling and we always look out the window at the birdies together."

A welcome friend to all care center residents, Bruce has another important role. He serves on the Annandale Care Center Board of Directors, lending his business and leadership expertise to the organization. Administrator John Nelson praised Nystrom's counsel and advice as "well-informed and accurate."

Volunteer of the Year is a coveted award from MHHA. The association also honors caregivers, organizational trustees, professional leaders, innovative practices, community service and mission-driven work at its annual Institute. To learn more about MHHA and to obtain consumer information about older adult services, go to [www.mhha.com](http://www.mhha.com).

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